

South Bay Cruising Club

From The Masthead

Vol. 59 Issue 1

January 2009

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From the Helm

Bill Grauer

Happy New Year!

I want to mention some of the upcoming events, but first I want to thank everyone for making 2008 a banner year. Our success would not be possible without all the committee members who make this club function. So, to all those who served on committees, or headed committees, I thank you and so does the entire club. We all extend a special thanks to the Hospitality Committee. Bill Eilbeck and his volunteers did a top-notch job all year in bringing us great parties - especially the holiday party at SYC which was superb. And thank you Sayville Yacht Club for allowing us to use your facility.

Now, for what is going on. Saturday, January 31 at the EAST Islip Library (not West Islip) at 1400 hrs, our Program Committee, under Frank Peter and Jeff Mattera, will host a free seminar presented by Bob Forman. Bob will cover how to manage and prepare for an extreme race-cruise combination; as in the Newport-Bermuda race. Bob has done this race ten times and many things have happened during these

ten races so this is going to be an interesting program.

On Saturday, February 7, at the West Islip Library (1400 hrs), Eric Forsyth will present a video of his voyage to Greenland. Not to be missed. This program is also free.

Our Regatta Captain, John Holst, and Trophy Committee, June and Dave Tedesco, will present the Race Awards on Tuesday February 10th (1900 hrs) at Mustang Sally's in West Islip.

And, two more events to note. A safety at sea seminar - entitled, 'Suddenly Alone', will be presented on Sunday, March 1 at the Boulton Center in Bay Shore. The presenter will be John Rousmaniere; sailor, writer and historian. John is the author of *The Annapolis Book of Seamanship* and he is also host to the video series of the same name. This is an all-day seminar and is designed for you and your first-mate. A discount is being provided to SBCC members as long as they send in their checks by Feb 23.

From the Masthead
The monthly publication of
South Bay Cruising Club
PO Box 365
Babylon, NY 11702
sbccsail.org
BoatUS # GA83761S

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Fleet Captain

Della Bucher

Happy New Year everyone and what a cruising racing year we're going to have in 2009. So put on your life vests and get ready. To start the year off, there is going to be a number of events that are of interest to each and every sailor type in the club. Many of our members have been working hard to put together varied and timely programs to attend over the winter. So write down on your calendars the programs that interest you, hopefully you'll avail yourselves to all of these presentations.

Jan. 31st - "Newport to Bermuda Race / Offshore Sailing Adventure"
Presented by Bob Forman East Islip Public Library 2pm - 4pm.
Feb. 7th - "Fiona's Greenland Saga" Presented by Eric Forsyth
West Islip Library 2pm - 4pm.

**** Same Day Same place ****

Feb. 7th - 4pm - 5pm, Jeff Mattera our 2 week Cruise Captain will present the initial cruise plans. This is a wonderful well planned event with something new and something fun for everyone. So come and be ready to sign up for a great 2009 off the bay cruise.

Feb. 10th - Race Awards Mustangs Sally's

Mar. 1st - "Safety at Sea" presented by John Rousmaniere
At the Bolton Center 9am - 5pm.

Mar. 14th - The Cruise Awards & General Meeting Sayville YC (More to
Come)

Mar 28th - "Medicine for Mariners" Presented by Joyce Gotard & Team
9:30 - Noon Basic Medical Care For Mariners 1pm - 4:30 pm (CPR defibrillation)

So sailors, mark those calendars and come.

**This is another way to show your support for our members who have spent many hours
putting together programs that
will keep us better informed and enhance our performance while enjoying our
boats and the summer months out on the water.**

I'll see you there.

Della

From the Regatta Captain

John Holst

Happy New Year!!! The holidays came and went so fast it's hard to believe the bay is frozen as I write this article. Last year was exciting and challenging; it certainly kept me on my toes. Mother Nature threw some nasty lightning storms, a tropical storm and fortunately lots of wind our way. Despite all of her temper tantrums we had a great season of racing, which we are looking forward to celebrating on Tuesday, February 10th at Mustang Sally's. The Race Awards start at 7PM. Mark your calendars and invite your crew. It's a great way to get them pumped up for the next season.

Planning for the 2009 season is complete and we are in the process of finalizing documents for the yearbook. The schedule is already complete with each of the Race Committee's assigned. If you did not make the schedule you have been put on the alternates list. If someone has an issue during the year they will call you first. One of the reasons our race program runs so well is because of the enthusiasm and professionalism of our volunteer Race Committees; everyone who races should at some point volunteer to act as RC. For those new to the club or racing it is very easy to get involved, the RC is always looking for an extra set of hands. Call up an RC or myself and we will get you on a committee boat to help out.

The following is a list of the changes and additions to the 2009 program:

- Championship Series: Has been dropped; the individual races will be raced and scored as always.
- Bay Shore Twilights: A skipper can decide to hoist a spinnaker during the race, he must announce that he has done so to the RC upon finishing. The boat will be scored with an addition 24sec/mile handicap adjustment.
- TOT: Time-on-Time will continue to be used. This year the B factor will be adjusted per the conditions.
- Twilight After Party: Immediately following the fourth race of every twilight series we will gather at Mary Carol's in Babylon or Molly Malone's in Bay Shore. Results for the 4th race and the series will be presented. You are on your own for drinks and food, although the Inn Keepers have hinted that they may provide some appetizers'. We will not be collecting any money. The End of Season Party will run as in the past. All are listed in the calendar.
- West Cup: Went really well last year and the Unqua Regatta Captain asked if we could provide a trophy for the event that could be kept at the UCYC Bar. I of course said YES. It will be unveiled at this years after party. The UCYC always goes out of their way to provide a delicious buffet. The West Babylon courses have been added to the yearbook. This is a really fun Friday night event. Hope to see you there.
- East Cup: Is a new event that we are doing in conjunction with Wet Pants Sailing Association. I know...it's back to back with the West Cup. This happened because of tides and scheduling between all those involved. I don't believe it's a problem, rather a way for the SBCC to engage with an additional club, in a venue that is under utilized. The race coincides with the WPSA Invitational. It will be on Nicoll Bay with an after party at Wet

Continued on next page

Pants. Dick Labella has volunteered to be RC and is looking forward to starting a new racing tradition. If you don't want to take your boat out, why not crew for somebody on the east end of the bay. This would be a great race for some of the cruisers from the east end of the bay to join the fun.

-West Island Race: Has been scheduled to coincide with GSBYRA's race week. They are going to use the West Island as their Saturday PHRF race. Both clubs will be promoting this event and turn out should be incredible. This is the one race you don't want to miss this summer! Even if you don't plan on racing in the rest of Race Week, come out for West Island, put the boat away and then head over to the SYC for the party and race results.

-Dock Master: We are talking with GSBYRA and SYC about ways to encourage more boats to participate in events such as Race Week, the Leukemia Cup, and Jack's Trophy. I am encouraging them to assign a Dock Master for events. The Dock Master would have authority to assign a slip at the SYC or somewhere nearby. This way a visiting skipper can make an advanced reservation with the Dock Master and know that he has safe dockage for his boat for the duration of the event. We only need 4 or 5 slips to get this started. Please talk up this idea and let's make it to happen.

-Race Courses: There have been some minor additions and changes. Remove all old yearbooks and course cards from your boat. New Course cards and Class Streamers will be available at the Spring Skippers Meeting -FREE-, if you miss the meeting you will have to buy them.

-Open Invitational: GSBYRA asked if we could have an event where non SBCC members would be eligible to win a trophy. Kevin Regan (our GSBYRA delegate) and I have been working with them to increase awareness that we already offered this. To that end, all bold faced races on this years calendar are Open Invitational's (bold face used to represent Championship Series, but that series has been dropped). A GSBYRA affiliated boat can race in any of them and be eligible to win a trophy. If there is an after party they will receive the trophy at the party, otherwise they can attend our Races Awards in February. The perpetual Trophy's will be awarded to the SBCC boat with the best time. There is one exception; the new perpetual trophy for the West Cup Race will be awarded to the SBCC or UCYC boat with the best time.

-Racing Rules of Sailing for 2009-2012: The new rules will be used from this point forward.

PHEW!!! I think I remembered it all. (Here comes the disclaimer) Remember the Notice of Race and Sailing Instructions are the official documents. We have done our best to make sure that the yearbook is correct. The website is the official location of changes during the season. Please read them and share the new information with your crew.

Remember - "An educated crew is your best hope for a win!"

See you on the Bay!

John

Eric Forsyth is planning an 11 month trip aboard Fiona to the west coast via the **NW Passage**, starting in June, 2009. He is looking for **volunteer crew** who can sign on for at least 5 months. For details contact Eric at eforsyth1@aol.com.

Two Week Cruise Itinerary

Two-Week Cruise to the Martha's Vineyard

Celebrating July 4th on the Vineyard

June 27th to July 11th

Edgartown on the Vineyard is a great place to celebrate Independence Day. The town hosts a great parade and you can watch spectacular fireworks from your boat. There will be 3 lay days to allow everyone to fully enjoy all the activity and events the Vineyard has to offer.

The cruise will also stop at Block Island for a day of relaxation, New Bedford to visit the Whaling Museum, and Newport to view the mega yachts and visit the mansions.

The cruise was designed to allow any size boat to participate. The longest legs will be between Fire Island Inlet to Shinnecock and between Shinnecock to Block Island. While we have a daily schedule to take us from port to port, there may be changes due to weather.

Availability of moorings in Edgartown on the July 4th weekend is limited. Reservations can only be made on-line. To make reservations go online to the Edgartown harbormaster's site and register. Reservations will be accepted starting March 2nd.

A cruise meeting will be held on February 7th from 4 to 5PM, (after the Eric Forsyth presentation) at the West Islip Library.

Schedule:

Saturday, June 27 th	Fire Island to Shinnecock Inlet	45 miles
Sunday, June 28 th	Shinnecock Inlet to Block Island	45 miles
Monday June 29 th	Block Island Lay day	
Tuesday, June 30 th	Block Island to Cuttyhunk	35 miles
Wednesday July 1 st	Cuttyhunk to Edgartown	30 miles
Thursday, July 2 nd	Edgartown- Lay day	
Friday, July 3 rd	Edgartown- Lay day	
Saturday, July 4 th	Edgartown - Lay day	
Sunday, July 5 th	Edgartown to New Bedford	35 miles
Monday, July 6 th	New Bedford - Lay day	
Tuesday, July 7 th	New Bedford to Newport	35 miles
Wednesday, July 8 th	Newport - Lay Day	
Thursday, July 9 th	Newport to Block Island	25 miles
Friday, July 10 th	Block Island to Shinnecock	45 miles
Saturday, July 11 th	Shinnecock to Fire Island	45 miles

Ed Brooks Memorial Race Results

SBCC 2009 Ed Brooks Memorial

Course: Babylon Dock to 9 and Back 2X

Wind Direction: NW Wind Speed: 12

Race Committee: J. Holst

Race Comments: 24.5 Degrees / 586 Dismasted Course Comments: Shortened to once around

Pos	Order	Sail	Boat	Skipper	PHRF	Finish	Elapsed	Corrected
1	1	3876	Flying Scot	D. Hyer	210	12:26:00	12:56:50	0:30:50
2	2	4817	South Bound	J. Bartow	213	12:26:00	12:57:32	0:31:32
3	3	2728	Loon	M. Duffy	186	12:26:00	13:00:56	0:34:56
4	4	14744	Shirley's Remark	B. Grauer	245	12:26:00	13:05:46	0:39:46
		586	B&W Scott	J. Ryan	210	12:26:00	DNS	

Courtesy of Rich Troy: NY State Task Force on Sea Level Rise

Content:

The Sea Level Rise Task Force was created in 2007 by the New York State Legislature, to assess impacts to the state's coastlines from rising seas and recommend protective and adaptive measures. The task force held its first meeting on June 27, 2008; its report is due to the NYS Legislature by December 31, 2009.

There will be local meetings January 28 in Mineola and January 29 in Upton, if anyone is interested.

Anyone interested in more information can view the NYS website for this at:
<http://www.dec.ny.gov/energy/45202.html>



South Bay Cruising Club

www.sbccsail.org

Invites you to a video presentation

Fiona's Greenland Saga

by

Captain Eric Forsyth

An 8,000 nautical mile voyage across the North Atlantic

to the Azores west to Newfoundland and north across the Arctic Circle to Greenland

February 7, 2009

1400 – 1600

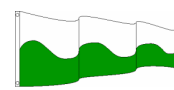
@

West Islip Library

3 Higbie Lane, West Islip

RSVP

captain365@yahoo.com



Cruising Recipes

Barbara Peter

Courtesy of Barbara Peter - *Vixen* : Sweet and Sour Ground Beef

1 lb ground beef	1 (8) oz can crushed pineapple
1 egg	3 tablespoons vegetable oil
1 teaspoon salt	1 tablespoon Worcestershire sauce
¼ teaspoon ground black pepper	3 tablespoons vinegar
3 tablespoons diced scallions	1/3 rd cup sugar
3 tablespoons corn starch	1/3 rd cup water
	2 green, yellow or red peppers sliced

- Mix together meat, egg, salt, black pepper, scallions and 1 tablespoon of corn starch
- Heat 2 tablespoons of oil in a skillet and brown the meat mixture
- Drain pineapples, reserve juice
- Set meat aside. Combine the remaining corn starch, Worcestershire sauce, vinegar, sugar, water and pineapple juice place mixture in skillet and cook over medium heat, stir until thickened
- Add pineapples, peppers and meat bring to a boil and cook for 3 minutes

Yield: 6-8

Commentary: full of flavor

Share your favorite Cruising and Cocktail Hour Recipes... send them to bpeter24@optonline.net to include them here.

Courtesy of Eric Forsyth - *Fiona*:

Fiona cocktail. Serve on board every day at 5 pm. 1 part a generous slug of Mount Gay Eclipse rum. 2 to 3 parts Motts clear 100% Apple Juice (not 'Natural' style) . Squeeze in a slice of lemon. Chill juice thoroughly before mixing, I do not recommend ice, this dilutes last half of drink as it melts.

2. Cocktail Snacks:

- Cream cheese and peanut butter Ritz cracker snack. Use 'Laughing Cow' wedges, this keeps without refrigeration.
- Spread a spicy mustard on a cracker, add one or two 'Hadden Hall' smoked oysters, pepper.
- Spread mayo on a cracker, the mayo stops the cheese you next add from sliding off when you sailing with heel. Add Branston Pickle (obtainable on the web at <sales@britishdelights.com>)

New: SBCC Online Forum

Available topics currently include:

Cruising	Racing
Rendezvous	Yacht
Maintenance/Hardware	
Sail Trim	Crew Wanted/Available

Visit the SBCCSail.org website or go directly to the forum via www.sbccsail.org/phpBB3 to register.

First-time visitors to the forum will have to register and the registration will be cleared by the webmaster before you can access the forums. Please note that only SBCC members/associates will be granted permission to access this forum.

Note that the SBCC reserves the right to refuse/revoke login privileges to the forums when an account is being abused.

**South Bay Cruising Club
Presents**

**Newport of Bermuda Race / Offshore
Sailing Adventure**
*A seminar designed for both Racers and
Cruisers*

**Saturday, January 31, 2009 from
2:00 to 4:00
East Islip Public Library
381 E Montauk Hwy, East Islip, NY**

Bob Forman, a veteran of 10
Newport to Bermuda Races and
50,000 of Offshore Sailing is
hosting a Seminar on the race.
The Seminar will describe the
disastrous 2006 race, lessons
learned, preparation, strategy
and excitement of the
successful 2008 race.

Bob and his family have been
cruising and racing since 1969,
when they joined the SBCC.
The lessons learned will be
shared with the audience.
There will be Q & A session,
with Bob and other members of
his crew, after the
presentation.

**South Bay Cruising Club
presents**

**SUDDENLY ALONE
&
SAFETY AT SEA
SEMINAR**
For the Cruiser or Racer
with

JOHN ROUSMANIERE
sailor-safety authority
Author of
*The Annapolis Book of
Seamanship*
Fastnet, Force 10
After the Storm
SailNet columnist

**1 March 2009
0830 - 1630**

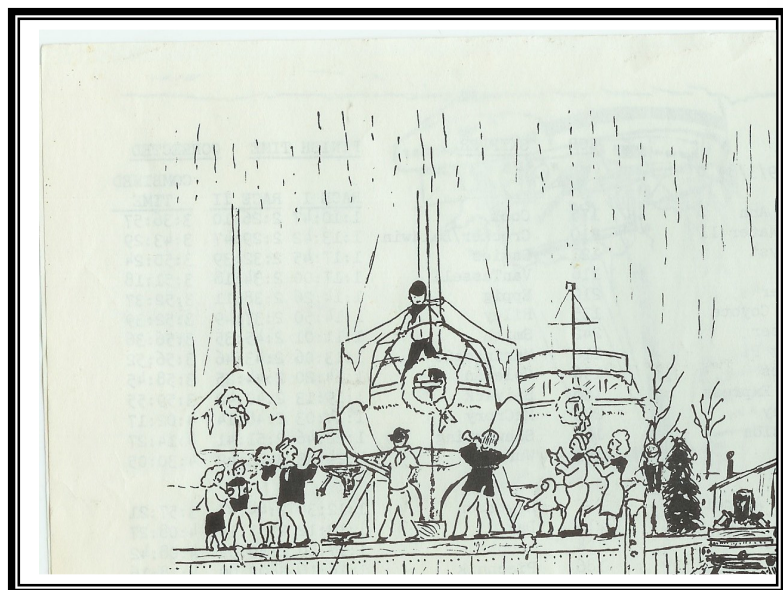
**The Boulton Center
RSVP**

**Frank Peter 631.589.3466
captain365@yahoo.com**

**Member price
Includes lunch**

**\$35.00/person \$50.00/couple
After February 23 2009
\$50.00/person \$90.00/couple**

**Check payable to
South Bay Cruising Club
SBCC PO Box 365 Babylon New York
11702**



Membership

Debby & Jim Harris

Dues notices for 2009 were mailed the first week of December. Please check information on notices and make any changes necessary and return them as soon as possible so any changes made to your member info can be included in the 2009 yearbook.

Thanks and have a Healthy and Happy New Year!

Jim and Debbie Harris, Membership Committee

Continued From Page 1

The next event is the 'Medicine for Mariners' seminar on Saturday, March 28 at the West Islip Library. The morning session is free. The afternoon session will include a CPR course for which there is a charge.

More details about these events can be found within these pages.

Our Cruise Captain, Della Bucher, has set up an exciting two-week cruise to be headed by Jeff Mattera. The cruise will leave on Saturday, June 27 and take us to Martha's Vineyard for the famous, Edgartown Fourth-of-July event.

And now news about what our Historian, Tom Gotard, has been up to. Early in 2008 we decided we needed to create a permanent archive of our Mastheads and to make them accessible on-line to our members. Realizing the enormity of this effort and that it could not be done by the Historian alone, we set up a Special Projects Committee, headed by Rich Troy, to provide support for this (and for other projects). This task has now been essentially completed and all the Mastheads in Tom's possession have been digitized and put up on a 'Members-Only' web site. Access will require a password. Shortly, you will receive the password and the web-site link.

Finally, I would like to finish by thanking Peg and Bob Van Tassel for hosting a wonderful breakfast for the start of the 'Ed Brooks New-Years Day Memorial Race'. Thank you Peg and Bob.

Regards,

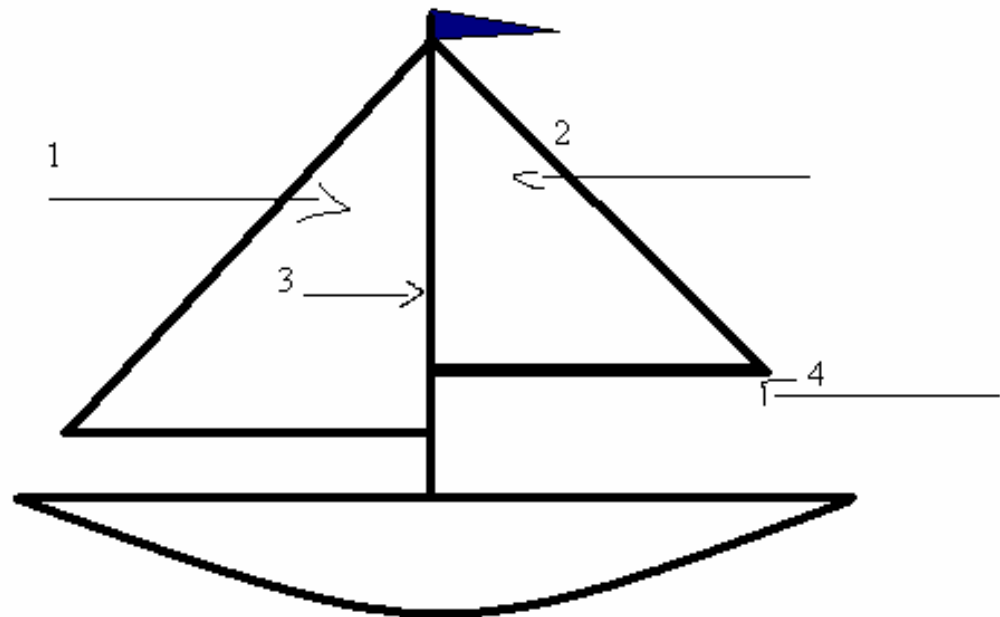
Bill Grauer 

KID'S cORNER

Callie O'Connell



KID'S cORNER



1 & 2 are a sail
3 & 4 are made of metal

Unscramble it!

Olnbwie _____

Levoc hicth _____

Qaruse tnot _____

Igeruf 8 _____

Word box- clove hitch, figure eight, square knot, bowline

From the Rigging Locker

Wanted: Buy or rent dock space, 2009 boating season, for 38' "Fun Sway". Seeking space that is about 42' long, about 14' wide, 5' deep at low tide and that has 30 amp electric service. For the right situation, we will install and pay for the electric at our expense. Some weekend nights onboard from time to time, but we are good and considerate neighbors. Ideally seeking something in Bay Shore or Brightwaters, but willing to go west to Babylon or east to the Great River. Please help us with any reasonable suggestions.

Contact: Rich and Sue Troy 516-935-5367 or email richa@newsguy.com

For Sale: 2 Volvo 3 Blade 16 X 11 Folding Props. In excellent condition. One left hand, and one right hand rotation.

Price: \$800.00, orig \$1,500.00. **Contact:** Bill Danilczyk at wjdanilczyk@gmail.com or 631-682-8647

For Sale: West Marine Roll up Dinghy. In excellent condition, used only 2 weeks per year then stored in bag. Includes oars, storage bag, thwart seat, repair kit and foot pump.

Price: \$400.00 **Contact:** Lenny 516-489-6706.

For Sale: 13' Wilderness Systems Kayak. Single or 2 person Sit on top with paddle.

Price: \$300 **Contact:** Joel Becker at 631 234-4062

For Sale: 20' O'Day, 1974. Swing keel, roller furling, main, jib, including 1992 Eagle trailer with new Fulton trailer jack and 5 hp Nissan outboard.

Price: Asking \$1,500 **Contact:** Ann Sanalidro at 631-567-3441 or 631-456-0979

For Sale: Bristol 31.1 "Good-Wind" owned by Hal Goodwin. 1984 K/CB, Universal Diesel, Harken Jib Furl, electronics, propane stove/oven, H&C pressure water. Excellent condition.

Asking \$49,500. **Contact:** Ken Goodwin 516-527-0565 kgoodwinassoc@aol.com

For Sale: Fox, Pearson Wanderer 30' 1969. Well maintained boat with many new items following deck refurbish in 2004. New: Lewmar self tailing winches, Navman multi depth and speed, Ritchie bulkhead compass, Alpine cd and Bose speakers, Lots of new stainless on deck. Draft 3'4" cb up 6'4 cb down, roller furling. Atomic 4. Keel stripped and conditioned with 5 coats of 2000E in 2003.

Price: Open to offers **Contact:** Mike Hurley, 631 956 7415 or <mailto:mhurley@optonline.net>

For Sale: Salt Heart, 27' Catalina, 1980, new 22 hp 3 cyl. Universal Diesel, new radio & compass, roller furling, dodger, cockpit rain cover & cushions, bimini 6 sales, 3 jibs, spinnaker, pole & drifter.

Price: Asking \$6000 **Contact:** Dorothy McCormack at 631-563-1326

Available: Lindenhurst Winter Storage Slips. Deep Water - 9', 10', 12', 14' wide - protected and secure, no ice. Year Round also available. ¼ Mile from boat ramp and marina. Nov. 15 to May 1, land storage also available.

Price: \$500 - \$1,100 **Contact:** Chris Schaefer at 631-957-1220

Wanted: Old Working VHF

Price: Cheap **Contact:** Jack Nielsen at 631.842.9169

Listings in The Rigging Locker are for nautical items for sale by **SBCC MEMBERS ONLY**. Ads will run for 3 months only unless an extension is requested. Send the written advertisement by mail to:

Marceil O'Connell

133 Tahlulah Lane, West Islip, NY 11795

Or

Email to Marceil@kb5gang.com

Over The Bowsprit

JANUARY

31 - NEWPORT - BERMUDA RACE, EAST ISLIP LIBRARY

FEBRUARY

07 - FIONA'S GREENLAND SAGA, ERIC FORSYTH, 1400-1600, WEST ISLIP LIBRARY

07 - TWO WEEK CRUISE MEETING, 1600-1700, WEST ISLIP LIBRARY

10 - RACE AWARDS, 1900, MUSTANG SALLY'S

MARCH

01 - SAFETY AT SEA, BOULTON CENTER

14 - CRUISE AWARDS, SAYVILLE YACHT CLUB

28 - MEDICINE FOR MARINERS, WEST ISLIP LIBRARY

FROM THE MASTHEAD

Marceil O'Connell

Corresponding Secretary

133 Tahlulah Lane

West Islip, NY 11795