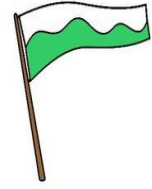




From The Masthead
South Bay Cruising Club



April 2014
Volume 64 - No. 4



See you at the
Spring Party
April 5th
Bay Shore Yacht Club

This is a great time of year, with the whole season ahead of us, offering promise of not yet told stories, and not yet won races. Those of us who wintered on the hard are scrambling to make that first rendezvous or that first race. Thanks to Peg Daisley and her committee, the 2014 SBCC yearbook is printed and all the plans are in place. What's left is our participation.

This year, the Regatta program under Aileen Eppig will run 39 twilight and fall series race events, plus several invitationals, the Atlantique pursuits, the single handed Creepstakes and the (women only) Broadside race. We do this every year and I still find it amazing.

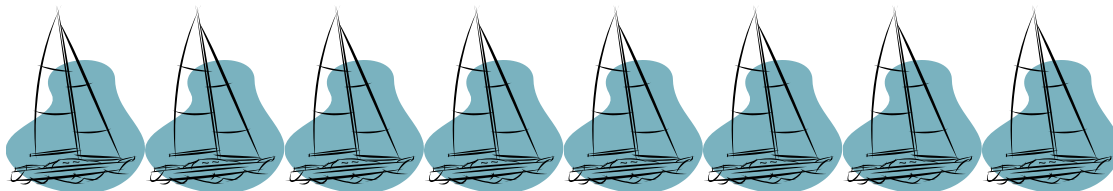
No less amazing, the Fleet program under DJ Greco has 24 weekend rendezvous planned at various locations on the Bay, plus the very popular One Week Bay Cruise and the coastal Two Week Cruise. Last year's destinations included Block Island, Martha's Vineyard and Nantucket. This year there's talk of Provincetown and the Cape. Watch for an announcement from our Fleet Captain setting a date for our cruise meeting.

Rich Troy's Program committee is in the early stages of planning some exciting educational seminars, hoping to secure speakers to provide useful information on the Great South Bay and the Fire Island inlet, and some very useful technical subjects as well.

The Hospitality committee, chaired by Della Bucher and Mark Romaine, is finalizing plans for five major events, starting with the Spring Party at the Bay Shore Yacht Club on April 5.

This time last year, we all wondered what the Bay would be like after Sandy. Our yearbook scheduled several rendezvous without destinations simply because we didn't know if docks would be rebuilt in time. Rumors flew. Would there be floating or submerged debris? Uncharted shoaling in the places we frequent and the canals we use? Wrecked marinas on Fire Island? Un-navigable inlets? Well, it all worked out. This year we have no such worries.

So I hope to see you at Habanero's season opener at Davis Park on April 26. "Hot, Hot, Hot"



You're invited to an SBCC Spring 2014 Program Event

with a focus on helpful information for the coming boating season

Where: The West Islip Public Library, 3 Higbie Ln, West Islip, NY 11795 **Room B**

When: Thursday April 24, 2014 from 7-9PM

Admission: \$5 for SBCC Members, free for guests

Please RSVP to Rich Troy by 4/17/2014. Email: t4oyman@aol.com or Phone: 516-935-5367

Our Guest Speakers will include:



David McClay from QBC Marine Surveys,
Northport



Jim Reynolds (or his delegate) from TowBoatUS,
BayShore

Each speaker will give a talk that will include a presentation and/or pictures.

The topics expected to be covered by QBC Marine Surveys include:

- Personal history
- Becoming a marine surveyor - experience and requirements
- Types of surveys: pre-purchase, insurance, appraisal, damage, engine, corrosion, electrical, walk-through
- Examples of damage surveys
- How a pre-purchase survey is conducted - what is included and not included
- Tools of the trade
- How to prepare for a survey as the seller
- How to prepare for a survey as the buyer
- Top ten findings in surveys

The topics expected to be covered by TowBoatUS include:

- Status of the Fire Island Inlet
- Status of some other popular boating areas from Watch Hill to Zachs Bay
- Sharing some interesting pictures and interesting experiences
- The importance of towing insurance

Message from the Fleet Captain-----

DJ Greco

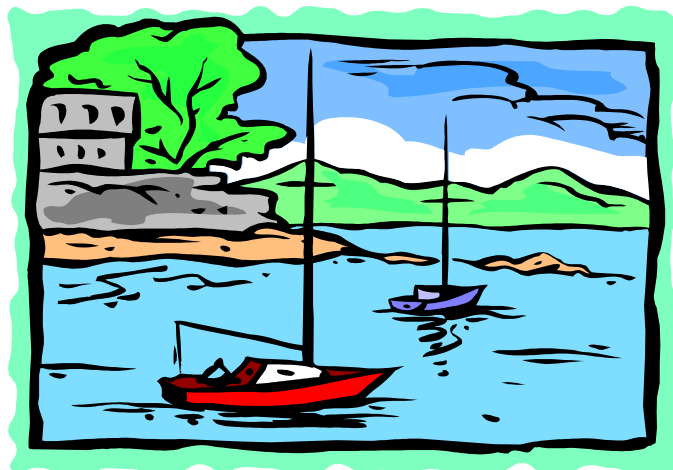
Is it really April already? It's that time of year when folks are working on getting their boats in to start another fun-filled season of sailing with the SBCC. Are you ready? The first Rendezvous of the season, "Hot, Hot, Hot" will be held at Davis Park on April 26th hosted by Sue Montana and Bob Bennett. Davis Park will not officially be open yet, so don't count on the water and electric to be turned on. No facilities will be open, but the slips are free this time of year. Plan accordingly. Won't it be GREAT to walk the beach again?

We are also planning the Two-Week Cruise to "P" Town to leave the weekend of July 12th. Save the date. We are looking for a Cruise Captain for this adventure, so anyone interested, please contact me via email. If you are interested in cruising on this trip or have info you want to share, let me know also.

The One-Week Bay Cruise will be held starting the day after the Blast on August 10th starting in Great River and ending the following weekend at Hemlock Cove for the Tinelli's Rendezvous, Blue Hawaii. Get that hula skirt ready!!!

We have a full schedule this year with rendezvous from Bellport to Coast Guard Cove. Some new members will be hosting this year, so come on out and show your support. The full schedule is listed in your new SBCC Yearbook which will be issued next Saturday at the Spring Party. Can't wait to see the new Yearbooks!

We hope to see you all at the Spring Party. Joe and I will be bartending so we are sure to see you then.



Pursuing Atlantique!

by Harry Manko and Mark Romaine

Many members have joined the South Bay Cruising Club over the years. The Club's longevity can be attributed to a long line of people who have shared the common interests of a love to sail and the company of fellow sailors. Some members of our club may feel that they wouldn't be caught dead at a Rendezvous, while others feel that they've never had, and never will have an interest in plying their skills on the race course.

What sailor, upon seeing another boat, hasn't trimmed a sheet a little more aggressively while intently steering a course with the goal of catching and passing that other boat? You can be sure that that "clear ahead" boat is equally focused on maintaining her position by applying the same attention to seamanship. Perhaps they'll get a chance to talk about it over a beer at some point.

Many of you will recall the joint regattas and rendezvous held by SBCC and BSYC over the last two Columbus Day weekends. Participation at these events rivaled what many of our long-standing members were used to seeing in the past. What's more, most of the yachts that participated were traditionally non-racers!

Based on the success of the pursuit-race-to-the-rendezvous format, the Club has added an additional invitational pursuit race for May 17, 2014. Each boat competing will be given a start time based on that boat's PHRF rating. Since the handicaps will be factored into the start time, every boat passed or held off is a vanquished foe. The difference between the spring race and previous fall races is that the skippers will have the option of going east or west to Atlantique. The position of the start line will result in a 6.1 NM trip whichever direction a skipper chooses.

Make no mistake...this is a real race. Every yacht will have her own handicap adjusted start time. The first yacht that finishes wins the race. But what makes this race different is the party afterwards, replete with awards, food & drink, and music. The Notice-of-Race will be available on the Club's website, and will be shared with every GSBYRA member club. The starting area will be near the #3 buoy off Bayberry point, an area more easily reached in a timely manner to benefit our sailing compatriots to the east.

Please contact Harry Manko at hmanko@aol.com if interested. If your yacht does not yet have a handicap please reach out to Jim Reichel, our Club's handicapper at sailorchce@aol.com

This weekend you can also join in on all the fun at Atlantique by traveling back and forth on the Ferry.



UNITED STATES COAST GUARD
U.S. Department of Homeland Security

MARINE SAFETY ALERT
Inspections and Compliance

January 9, 2014
Washington, DC
Offshore Sailing---
You must be prepared.

In a recent offshore regatta, numerous sailboats experienced steering system and other failures which required assistance and/or rescue by the U. S. Coast Guard when a weather system stalled offshore creating higher than expected sea states and winds. The Coast Guard responded using an array of assets to render assistance.

Offshore sailing requires special knowledge, skills, and abilities. Vessel equipment and components must be thoroughly checked before getting underway and periodically while at sea. The offshore domain's remoteness adds a negative dynamic to survivability concerns. Preparation is key to minimizing misfortune.



The Coast Guard **strongly recommends** that owner / operators of offshore sailboats ensure proper maintenance and repair of their critical mechanical systems to reduce the possibility of failure during stressed operating conditions.

- Operational limitations of the systems must be understood.
- Sailors should have the repair manuals associated with their important propulsion and steering systems onboard and be able to detect oncoming failures and perform emergency repairs.
- Adequate tools, hardware, and an array of fasteners should be kept onboard.
- Common spare parts that are known to fail on a particular system should be kept onboard.
- If mechanical ability is lacking, additional training should be taken to provide minimum skill sets.
- Regular inspection and prompt corrective action of all steering gear components including linkages ram assemblies, controls and cables, in addition to engine systems, should be part of getting underway and day-to-day operations.
- Equipment should be tested before getting underway, noting variations in movement, feel, sound, and resistance.
- Flooding and damage control kits should be kept onboard.
- Sailors should contemplate and envision ways to fabricate a temporary emergency rudder using components (table tops, cabinet doors, spinnaker poles, etc.) already onboard.
- Make sure all EPIRBs, PLBs, are registered, operational and available. Ensure your VHF radio is fully functional.
- Lastly, **always file a float plan** with family or friends ashore *before* getting underway. Float plans are simple tools that help rescuers locate stranded boaters in distress, and may be printed from the following site: <http://www.floatplancentral.org/download/USCGFloatPlan.pdf>

This alert is for informational purposes only and does not relieve any domestic or international safety, operational, or material requirement. Developed by the Fifth Coast Guard District, Portsmouth, VA. Questions may be addressed to LCDR Ken Morton, (757) 398-6284, or may be forwarded to [D05- DG-Prevention-DPI-PFB-Staff@uscg.mil](mailto:D05-DG-Prevention-DPI-PFB-Staff@uscg.mil).



Out And About

Jim Reichel, Marty O'Connell, and Mark Romaine were some of the many SBCC club members who attended West Marine's "Cruising for a Cause" night on March 20th

And Frostbite sailors out enjoying the day.



2014 Yearbooks Available at Spring Party

If you paid your 2014 dues, you will be able to pick up your 2014 SBCC Yearbooks at the Spring Party on April 5th at the Bay Shore Yacht Club, along with your 2014 membership cards. Full members get two copies of the yearbook; associates get one copy. Please see us at the table in the Commodore's Room.

A special thanks to everyone on the Yearbook Committee for their outstanding efforts and contributions to the yearbook this year. A special thanks to the many members who contributed some very well-written and interesting stories about racing and cruising -- Jim Reichel, Bob Forman, Mike Duffy, Bill Danilczyk and Della Bucher. As always, a lot of thanks go to the many photographers who contributed to the yearbook, capturing some stunning -- and fun -- photos of racing, cruising, rendezvous and events.

Peg Daisley

Yearbook Chairman

mdaisley@msn.com

Tech Corner

Looking for a few good Members to learn and eventually take over the Club's Web site maintenance. A member should have good knowledge on how to use software and should have a pc that is at least running Windows Vista or above. They must also own a copy of Microsoft Office 2003, 2007 or 2010. I have tried to document all the tasks that are needed to perform these tasks and could use another member to see if I documented these tasks completely. Knowledge of Web coding is not needed as we use Front Page Software which generates all of the code.

Functions that are done:

- Update web site with PDF's or other documents with more current information from the other committee's

- Maintain the Email system for the News, Cruising, Racing and the Board.

- Review the membership database for accuracy (I do not maintain it as it is the Membership's Committee responsibility)

- Place all documentation into the Club's Dropbox facility and allow key members access. (Dropbox is a facility to store information in the cloud)

Software that is used and is available in DropBox (Either free or already paid for, except for Office. Member must own their own copy)

MySql, MySql ODBC interface, Front Page, WinScp (ftp program) Smart PDF Converter (split or merge pdf's), Microsoft Office 2003 or 2007 or 2010, Membership System Desktop Client, MySql Manager Lite.

Members must be willing to install this software onto their machine.

Please contact Richard.mourino@gmail.com if you are interested.

Windows 8 and Windows 8.1 users.

If you really do not like the new windows 8 desktop and wish to have the old look and feel of the old version I can recommend a product from a company that provides the old desktop and the new windows 8 desktop. Its cost is only \$5 and is worth every cent if you hate the new desktop. It allows one to start up in the older view and using a hot key switch to the newer version. It is fully supported by this company.

I have been using it for some time and have installed it on friends' machine so they can get things done until they learn the new version if they wish. I am a happy user of this product.

<http://www.stardock.com/products/start8/>

GOT BEANS?



Beans should be considered one of the most important foods in our pantry; especially dry beans, and especially on a boat.

Dry beans are healthy and economical. They take up less room in the galley than their canned counterparts, weigh far less and do not require refrigeration; in other words, dry beans are the perfect traveling food.

According to the United States Department of Agriculture, people who eat beans consume more vitamins and minerals than individuals who don't eat beans.

- One serving of beans (1/2 cup of dried beans) supplies about 120 calories and lots of complex carbohydrates.
- Beans offer a low-glycemic index value. They are a good source of B vitamins including folic acid. Beans also provide the minerals iron, potassium, selenium, magnesium and even some calcium.
- Beans provide little fat and absolutely no cholesterol, as well as soluble fiber, which can help reduce fat levels in the blood.

As if this were all not enough, beans are easy to make and are extremely versatile. Pasta and beans, refried beans, bean dip, bean salad...the list is endless!

Hydrating dry beans:

Ideally you want to soak beans overnight. This allows them all the time to rehydrate without any effort on your part. In the morning, drain the old water and recover beans in new water until ready to cook.

Cooking rehydrated beans:

This step is similar to making stock. Place a carrot, onion, a stalk of celery and the beans in a pot with 2 to 3 quarts of water. Bring to a boil. Simmer for one hour, then add 1/4 teaspoon of baking soda to the pot. This trick accelerates tenderizing of the beans and reduces cooking time dramatically! Once the beans are tender, drain and allow to cool.

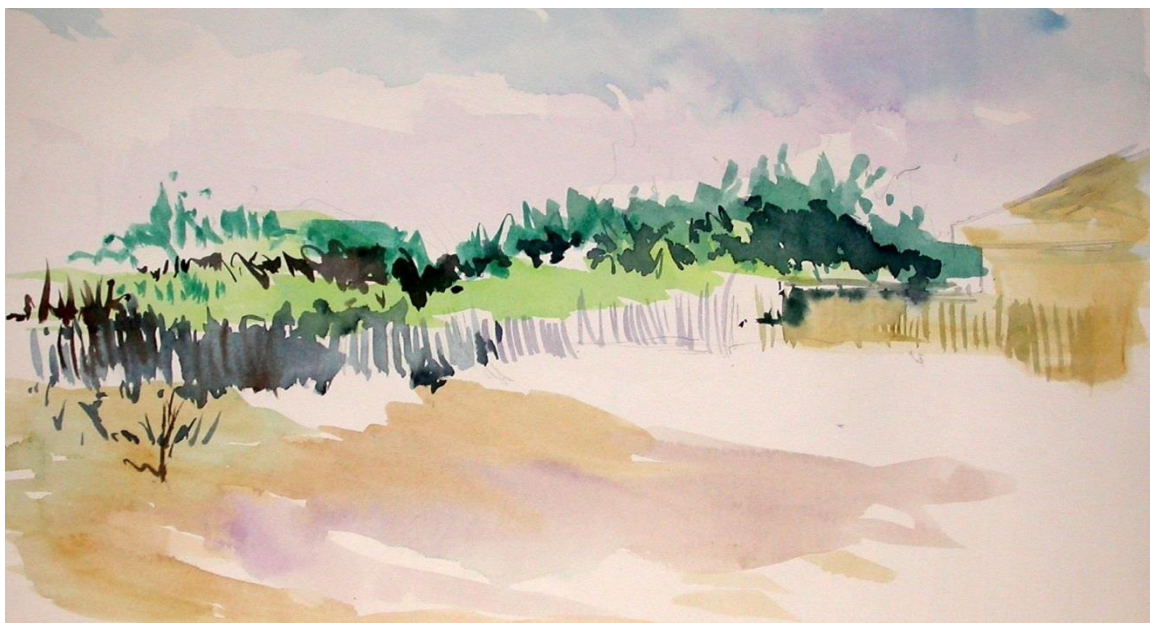
Cooked beans can be used in any recipe, can be refrigerated or frozen, can be tossed in a salad, in pasta, refried, baked, puréed.....use your imagination and you will create a delicious and healthy dish.

Enjoy.

From our Fleet Chaplain-----

As I stumble through this life, I should create more laughter than tears, dispense more happiness than gloom and spread more cheer than despair. Never should I become so indifferent that I will fail to see the wonder in the eyes of a child or the twinkle in the eyes of the aged.

Fleet Chaplain



Watercolor by Vince Piazza

March 3, 2014

Sadly, I must announce the passing of Ralph Logan, an ardent cruiser-racer who campaigned several boats in the SBCC. Ralph and his mate Norma were most successful with their 37' Creekmore Sloop *Ghost* that Ralph finished from fiberglass hull and deck.

We were neighbors, and it was our privilege to watch the boat take shape at the side of their house. From the chopping of lead ingots for the ballast keel to the rigging, each detail was meticulously executed.

Through the sixties and seventies and into the eighties, *Ghost* was a formidable competitor and Ralph and Norma, the best of companions.

Both of them are gone now, but their epic battles with Bill and Mary Ann Cook in *Merry Ann*, Al Heckel in *Falcon*, Louis Orr in *Loon* and many others were legion.

Ralph was 95 and passed peacefully after a short illness. I was informed of his passing by his daughter Donna Ann Logan of Salem, Va.

Anchor Locker

Does anyone have anything nautical for sale? Send me your short Ad along with contact information for the next Masthead.

“Our Time” features the cutter rigged moderate draft full keel gives the IP27 capability for blue water passages as well as exploring shallow coastal waters. Her sail inventory is a mainsail, staysail and a 130 roller furling genoa – all in good condition. Canvas includes a mainsail cover, dodger and binnacle cover. Electronics include a Garmin GPSmap 545 plotter, Raymarine Autohelm 4000 autopilot with remote, Standard Horizon Eclipse DSC VHF and a CombiSound AM/FM/Cassette player. Her auxiliary power is a 16-HP FWC Yanmar 2GM20F diesel with 670 hours. Although she is a cutter rig presently her staysail is not rigged but is fully intact and included. -----Contact Tim Chambers 631 893 3416

Slip For Rent-----

75 feet of Broadside Docking, Water and Electric-

Secure Neighborhood -West Slip \$65.00 per foot through October for Boat 30ft Plus

Contact Bob Martorana 631-422-3404



SHIP'S STORE

Carry your gear in a new SBCC Boat Bag!
See me at the Spring Cocktail Party on
Saturday April 5th. More logo items are
available.

Helen Pshedesky
Storekeeper

SBCC LINKS

Regatta Captain Aileen Eppig
brokher759@aol.com

Program Rich Troy
t4oyman@aol.com

Historian Tom Gotard
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Handicap/Measurement
Scoring
Jim Reichel
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Protest Rich LaBella
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Ships Store Helen Pshedесky
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