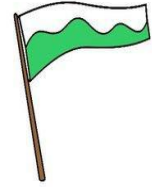


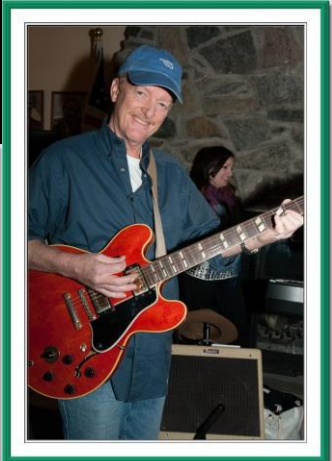
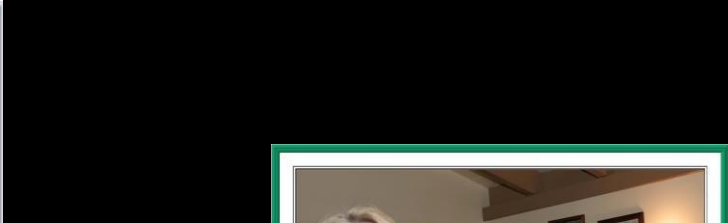
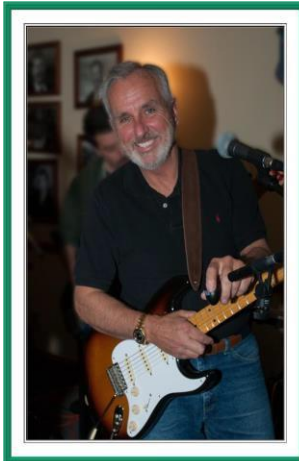


From The Masthead

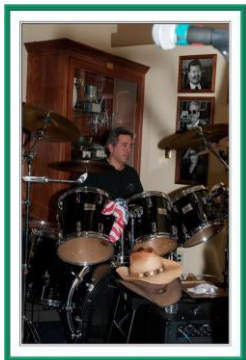
South Bay Cruising Club



May 2014
Volume 64-No.5



Out and About with
The Old Salts Band



It's May, and all of our programs are in full swing.

Couldn't wait to find out if Don Draper would be accepted back in the fold. Or if Rose would reunite with Harry Selfridge. Or if John Ross would ever get his fracking operation running.

It's been a long and cold winter, but counting the days has made it bearable.

Our fleet is polished and ready for racing and cruising.

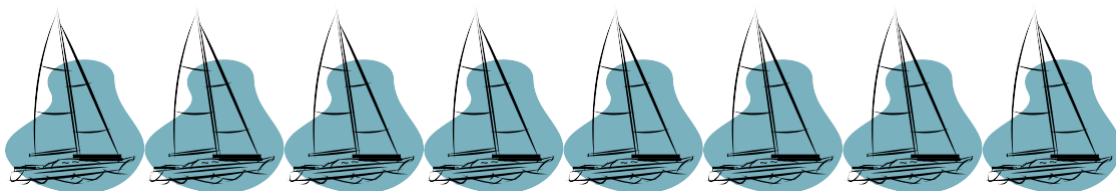
Twilight racing starts May 15th at Babylon and June 3rd at Bay Shore. This is a good time for those interested in trying their hand at racing or crewing to get involved. You can get more information by hooking up with anyone who races, or contact our Regatta captain Aileen Eppig. The Yearbook is also a great source of information on all aspects of racing, from the basic terminology to the race courses to the trophy history going all the way back.

If you're not sure, a good place to start is the May 17th Spring to Atlantique race with the Bay Shore Yacht Club, which is open to all members. It starts at Bay Shore with two optional routes of a little over six miles, and ends at Atlantique just in time for Spring Family Weekend and what should be another memorable rendezvous hosted by Mark and Carolyn Romaine. Chantyman Harry Manko is running the race, and he has designed a great all around event. You don't need America's Cup credentials, so come out and join in. Harry has sent an email to the membership with all the details. Anyone without a handicap should contact Handicap chairman Jim Reichel. (Anyone that does have America's Cup credentials is welcome aboard Silent P.)

Weekend rendezvous have already started, with early destinations at Davis Park, Watch Hill, Atlantique, Oak Island Lead and Coast Guard Cove. If you're not already hosting, you could always volunteer to raft up and help out the host boat.

Commissioning Day is on Memorial Day, May 26th at the Babylon Yacht Club. This is a 'can't miss' event for all our members and associates. The party and the program are preceded by the Creepstakes race, and awards for the winners will be presented during the program.

So it was worth the wait...but don't forget...the season goes by quickly, so take advantage of all the SBCC has to offer.





Skewers and Kebabs

One of the best ways to always have a feast on board, without having to slave over the food, is to pack skewers and marinated meats. Kabobs are mouthwatering meals on a stick. Anything can be grilled on a skewer, from meats to fish to soy and seitan. Just use a good marinade and fresh veggie chunks and you will never be disappointed.

Basic Overnight Marinade

- 2 tablespoons olive oil
- ¼ cup dry sherry or chicken broth (may be made from bouillon)
- ¼ cup light soy sauce
- 2 tablespoons lemon juice
- 2 teaspoons minced garlic
- ½ teaspoon salt
- ½ teaspoon ground pepper
- Teaspoon Tabasco sauce or hot sauce (optional)
- Veggies
- Red onion cut into wedges
- Cherry Tomatoes
- Bell Pepper chunks
- Mushrooms, cleaned and stems removed

Mix all ingredients in a large bowl. Reserve part of this marinade for basting while grilling. Cut the meat or fish or seitan into 1-inch chunks. Place the chunks into prepared marinade Marinate overnight.

Alternate the marinated meat chunks, onion wedges, cherry tomatoes, bell pepper chunks, and mushrooms onto kabob skewers. Brush with the marinade. I like to use metal skewers, but if you use wood skewers, be sure to soak them in water for a half hour prior to making the kabobs.

Place the kabobs on the grill, turning every 5 minutes until done, for a total of 10 minutes. Baste with the fresh reserved marinade each time the skewers are turned. Serve over rice or accompany with garlic bread hot off the grill!

Tip: if the marinade is too salty, add a 1/4 teaspoon of honey. You can also alternate veggies with fruit like pineapple or apple or thick orange slices for a Caribbean flavor spike.

Enjoy!

From our Regatta Captain----

Aileen Eppig

The Racing Season is coming soon. This year's skippers' meeting is May 6, 2014 at the West Islip Public Library at 7:30. Please bring your crew so they too can hear and participate in what's new for this year. Updated 2014 Racing information will be given out and new streamers for those who need them will be available.

The first race of the season is Thursday May 15th Babylon start is 7:30 and Greg Schneller is the race committee. The Bay Shore twilight's will start Tuesday June 3rd with Bill Lapp as the race committee. The Creepstakes Race is May 26th at 11:00 (Babylon Start area) and remember that wearing a proper life jacket is mandatory. I will be the Race Committee and anyone not racing and would like to help would be appreciated. Awards at the Babylon YC Commissioning Day ceremonies afterwards.

Shortly after our kickoff we have the Babylon Cup June 13th with the SBCC as the host. Again, a Babylon event and your regatta committee will be cooking and serving hamburgers, hotdogs and beverages. More on this event as we get closer. All racers, crew and family are welcomed, and we will hand out awards for the night.

This year we will be having a new race this season called the Level Race on July 12th with two short races that day. Bring lunch for between the races out on the water. Many yacht clubs sponsor events for one design races, now we can too. It will be an Invitational race to all sailboats on the bay. Anyone can enter and we will attempt to divide the participants into equal level handicaps/skill, and like boats. How it will work is establishing divisions by class or type. For example, the C&C 25's will be in one group, C&C 29's and 30's in another, Tartan 3500's/Ericson 38's, Catalina's, Island Packets, Catboats in fair divisions established by the Handicap committee. Invitations have been extended along the entire South Shore, and any group who can it together will be handled. (Any handicap that is close will sail together). Please plan on racing and get your boats together for an innovative and hopefully fun event. More information will be coming in invitation form and notice of race. There will be awards and a nice BBQ that evening.

The West Island Race is back to Saturday Aug 9th off Bay Shore with the Bay Shore Yacht Club hosting a BBQ for all the participants, so thanks to the Bay Shore YC for participating and hosting a party for this great event. We have many more things on the schedule, and really look forward to racing with more boats this year. Let's get out there and make a push to keep the SBCC Racing program alive and the premiere group for our favorite sport. For more information, check the website, or give me or our committee a call. To help out, please let us know as we can really use it.

The past few years we've had quite a few new members join the SBCC. To assist any newcomers (and old timers) who may want to join us at a Rendezvous, the following are some:

Rendezvous Guidelines & CourteSEAS

1. All Rendezvous locations and dates are listed in the SBCC Yearbook and on our website at sbccsail.org. Reminders are also listed in the Masthead.
2. The SBCC monitors Channel 9 on the VHF radio. Listen for the host boat to announce the Rendezvous start time (usually about 4:30pm). It could be earlier or later due to weather or daylight.
3. The host boat usually arrives early and will fly the BIG SBCC BURGEE. Look for it.
4. If you'd like to raft up with the Host Boat during the Rendezvous and did not make prior arrangements, contact them on VHF Channel 9 to request permission. It is expected that after the Rendezvous you should leave the raft and anchor nearby.
5. Do not arrive early to the Rendezvous boat or stay late unless you've been invited. Rendezvous usually last about 2 hours unless the host insists on you staying. Don't overstay your welcome.
6. If you see someone having difficulty anchoring or docking, please offer your assistance in any way possible. (Some of you have gone above and beyond on this one – THANKS!!)
7. At the anchorage, if you see a sailboat that is not an SBCC member, invite them to the Rendezvous. They may want to join the Club someday.
8. While at a Rendezvous on someone's boat, please be respectful of their boat. Why not get up and walk about? You may meet someone new.
9. The SBCC Yearbook states that pets should be left on your boat, but please don't leave them alone or unattended if your pet will be upset. We want them to have fun too.
10. While at a marina, please be respectful of your neighbors. Why not help a fellow boater out with their lines? You may make a new friend or better yet, you may find new members.
11. While at another yacht Club, PLEASE be respectful of their rules. No pets, no loud music, etc. We'd like to be invited back.
12. Host boats should send in their attendance lists to DJ via email within a day or so of their Rendezvous at joendj@yahoo.com
13. In case of an emergency, if a host cannot meet their obligation, it is their responsibility to find another host for their Rendezvous. THE LOCATION SHOULD NOT CHANGE.
Let's all have a safe sailing season and enjoy all the SBCC has to offer.

From our Fleet Chaplain-----

Imagine your life as a wagon filled with everything you represent.

To pull that wagon through life, you are going to need horses. Now imagine that your fears and your faith are the horses you can call on. Of course, most of us have more fears than faith. So, suppose you have eleven horses of fear and only one of faith.

If you put any of the horses of fear at the head of the team, they will be hesitant to lead and unsure of their capacity. Your wagon will go nowhere. But if you put the one single horse of faith at the head of the team, the horses of fear will follow. In fact, our fears, when led by our faith, will provide the strength to pull the wagon. The challenge for all of us, then, is to put our faith and not our fears in charge.

Upcoming Calendar---

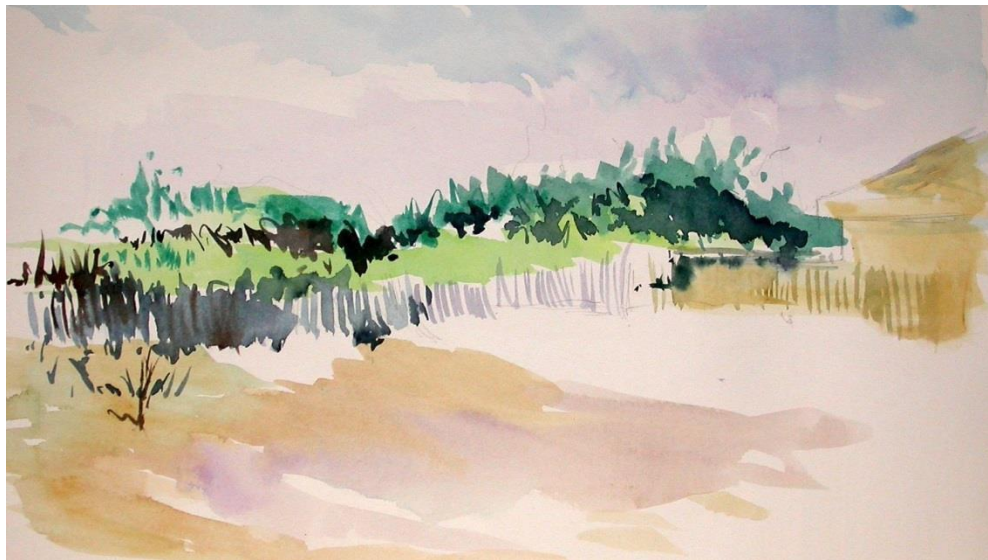
2014 Social, Cruising & Race Schedule See www.sbccsail.org and *The Masthead* for changes

MAY 2014

3	Sat	Rendezvous - "Schloss Nosh" - Watch Hill
4	Sun	Barry & Donna Schlossberg, <i>Mareva</i>
6	Tues 1900	<i>Skippers Meeting</i> West Islip Library, Meeting Room A
10	Sat	Rendezvous - Atlantique
11	Sun	Dan & Jane Glinski, <i>Midnight Sun</i>
15	Thur 1930	Babylon Twilight Spring 1 RC Schneller Reg Start
17	Sat 1100	<i>Spring to Atlantique</i> RC Manko Non Spin
17	Sat	Spring Family Weekend - Atlantique
18	Sun	Mark & Carolyn Romaine, <i>Lettuce Buy</i>
22	Thur 1930	Babylon Twilight Spring 2 RC Schneller Reg Start
24	Sat	Rendezvous - "No Chips, No Salsa"- Oak Island Lead
25	Sun	Jay & Stephanie Pizer, <i>Cayenne</i>
25	Sun	Rendezvous on Willets Creek
26	Mon	Jeff & Sharon Bieselin, <i>Dream Voyager</i>
26	Mon 1100	<i>Creepstakes - Babylon</i> RC Eppig Creepstakes Start
26	Mon	<i>South Bay Cruising Club Commissioning Day</i> Babylon Yacht Club
29	Thur 1930	Babylon Twilight Spring 3 RC Holst Reg Start
31	Sat	Rendezvous - Great River
1	Sun	Ed & Helen Pshedesky, <i>Silent P</i>

Just added to the Calendar.....

Tuesday May 6th also at the West Islip Library at 1900 is the 2 Week Cruise Planning Meeting



In Memoriam

Peggy Van Nostrand

Bob Schwartz

Beach Watercolor by Vince Piazza

Surveyor Presentation

If you missed our last Seminar at the West Islip Library you can find the Surveyor's Presentation on our website. Just go to sbccsail.org and on the "Home Port" page open up the "Presentations" page and find "Marine Surveyor Presentation by Dave McClay. There is a lot of information on our website.

Thumbs Up or Thumbs Down?

Oil Gone Easy—A green solution for stained bilges which includes a "nutrient solution" that helps produce oil-eating microorganisms. The process enables the organisms to attach themselves to hydrocarbons and break down oil over time, reducing it to harmless components that can be pumped out. Have you ever used this product? Or something similar? Is it Thumbs up or Thumbs down. Let us know your opinion, send me replies by email captn1@optonline.net



Welcome

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631-277-7092 Home

516-313-9742 & 516-319-4751

Glanzarotta@gmail.com

Blanz@optonline.net

George and Barbara sail "Bennington II" an O'Day sloop out of Islip

Glenn Reed & Heather Dawson

1338 DeKalb Ave. Brooklyn, N.Y. 11221

917-214-3577 Cell

917-214-3588 Cell

gr1r@yahoo.com

drhjd@yahoo.com

Glenn and Heather sail "Intruder" an O'Day sloop, and a Condor Trimaran out of Shirley

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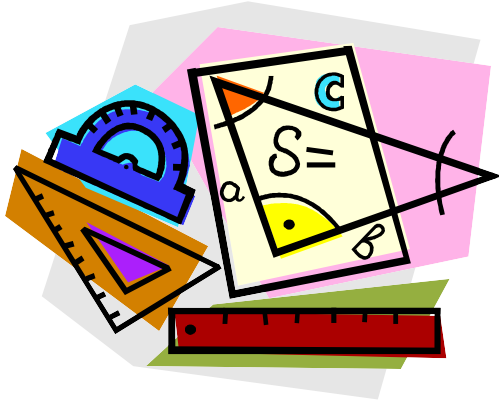
Sailing 101 Appreciation Party



Last year Della Bucher sponsored a Sailing 101 class for women. It was a great success. (See the smiles) To show their appreciation to Della and her "crew" of assistants the students recently organized a Thank You party.

(missing from the photo is Whitney O'Donnell)

Tech Corner



Cannot read those Office 2007 to 2013 files because you have Office 2003, 2002 or 2000?

Microsoft has provided a solution.

At this web site (a Microsoft Official site) one can install a free set of modules that will allow your older Office (2003, 2002, and 2000) to be able to open and read any newer office formatted files. You will not be able to save them in the newer format but one can save them as the older DOC format.

One may lose some features that did not exist in 2003 but at least you can still use the older software and read the newer formats. It will update your Office software so it can read any of the newer versions. Please read the requirements that are on the web site.

<http://www.microsoft.com/en-us/download/details.aspx?id=3>

SBCC Cruising Guide:

The SBCC Cruising Guide has been added to the SBCC Web site in a PDF format.

It is located in 2 locations.

The first is the Home (First) Page in the first Green paragraph from the top

The Second is in the Table of Contents under "Cruising Guide".

Yearbooks Available at Commissioning Day Event

South Bay Cruising Club



Members and Associates who were not able to pick up their yearbooks at the Spring Party at the Bay Shore Yacht Club will be able to pick them up on Commissioning Day at Babylon Yacht Club - Monday, May 26. If you can't pick up your yearbooks that day, perhaps you can ask a friend to retrieve your books for you. Books not picked up by Commissioning Day will be mailed to members and associates.

What's the story behind this year's cover? The photo was submitted by Marty O'Connell. It was taken on New Year's Day, 2014 in Lewis "Pond" in Babylon. The boat is Mark and Carolyn Romaine's boat, *Lettuce Buy*, the only boat to attempt the Ed Brooks Memorial Race this year on January 1st. Here is what Marty wrote:

The crew on Mark's boat *Lettuce Buy* were the four of us: Mark Romaine, his nephew Andy, Callie (Marty's daughter) and myself (Marty O'Connell). Aside from the motor not working, we had to chop the nearby ice to push the boat out. Attached is a picture Jarrett Fifield

took of us sailing back to the dock. The BYC boats (Flying Scots) were sailing in one of their winter frostbiting regattas. After seeing the SBCC race abandoned, they invited us to sail around their course with them. The Corinthian Spirit lives!

Anchor Locker

Does anyone have anything nautical for sale? Send me your short Ad along with contact information for the next Masthead.

“Our Time” features the cutter rigged moderate draft full keel gives the IP27 capability for blue water passages as well as exploring shallow coastal waters. Her sail inventory is a mainsail, staysail and a 130 roller furling genoa – all in good condition. Canvas includes a mainsail cover, dodger and binnacle cover. Electronics include a Garmin GPSmap 545 plotter, Raymarine Autohelm 4000 autopilot with remote, Standard Horizon Eclipse DSC VHF and a CombiSound AM/FM/Cassette player. Her auxiliary power is a 16-HP FWC Yanmar 2GM20F diesel with 670 hours. Although she is a cutter rig presently her staysail is not rigged but is fully intact and included. -----Contact Tim Chambers 631 893 3416

Slip For Rent-----

**75 feet of Broadside Docking, Water and Electric-
Secure Neighborhood -West Islip \$65.00 per foot through October for Boat 30ft Plus
Contact Bob Martorana 631-422-3404**



SHIP'S STORE

Time to buy a new Burgee! See me this weekend at Watch Hill or on Commissioning Day! Just \$18.

Helen Pshedesky
Storekeeper

SBCC LINKS

Regatta Captain Aileen Eppig
brokher759@aol.com

Program Rich Troy
t4oyman@aol.com

Historian Tom Gotard
avopns@verizon.net

Handicap/Measurement
Scoring
Jim Reichel
info@sailchoice.com

Protest Rich LaBella
labellar@optonline.net

Ships Store Helen Pshedесky
cyberpoosh@aol.com

G.S.B.Y.R.A
Mike Duffy
<http://www.gsbyra.org/>

Masthead June Tedesco
captn1@optonline.net

Our club website is
<http://www.sbccsail.org/>

Commodore Ed Pshedесky
cyberpoosh@aol.com

Vice Commodore Dave Tedesco
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Rear Commodore Roger Daisley
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Treasurer Corinne Conger
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Recording Secretary
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Hospitality Mark Romaine
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Hospitality Della Bucher
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