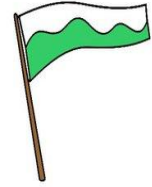




# *From The Masthead*

## *South Bay Cruising Club*



*June 2014*  
*Volume 64 - No. 6*



**Racing on the 12 Meters in Newport**  
**Mike Duffy- May 31st 2014**

It's June, and I'm proud to say I've been to three rendezvous and one race so far. This is my sixth "From the Helm", and it's getting easier and easier to write these columns. Not! Actually, trying to come up with subjects that are relevant to the month was easy at first. Sure, there was the Installation, then the Spring Party, then Commissioning Day and the start of racing and rendezvous. Now, it's the start of all our sailing activities. They are all waiting to be enjoyed. Can't say much more about them. The hard part's done. I can have fun being a member for a while. So let's see...

OK, how many times do we winterize our boats with intentions to work on several known projects in the spring, only to find that when spring arrives, things that worked in the fall have mysteriously stopped working for no apparent reason? What's worse, I tend to put those at the top of my list, and by the time the weather warms up there's no time left to fix the old stuff. So it gets put back on that list another year. My ten year old port leaks will have to wait for year eleven.

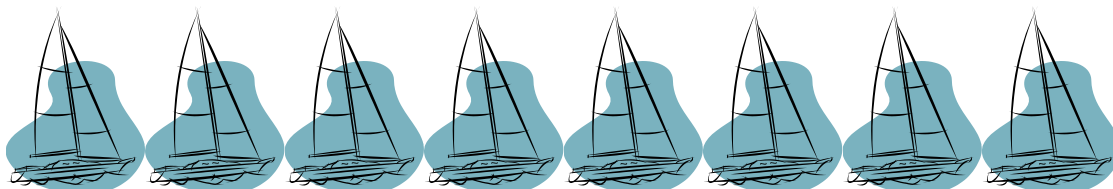
We finally have a solid plan in place for the two week cruise. New England is our playground this year, with Chatham on Cape Cod our furthest port. We're planning six lay days along the way to relax and enjoy the sights and the local goodies.

Della Bucher and I will be leading the group. Departure date is July 12th, with stops at Cormorant Point, Block Island, RI, and Cuttyhunk, Osterville, Chatham and Falmouth, MA. We're planning on having our third annual cruise party on Block at Dead Eye Dick's. If you're considering taking part in the cruise and haven't already done so, let me know and I'll add you to the email list.

Since Helen and I joined the Club in 1998, we had zero experience outside the bay, going on our coastal cruises and learning from the best has been one of our most rewarding experiences. Other than being on the board, that is (!).

In the meantime, don't forget that these truly are the good old days.....

Ed Pshedesky  
Commodore



**Eggplant Patties**

Simply said, eggplant patties are delicious! Hot or cold, they are as versatile as your imagination. I love to use them cold on a roll, with a little Dijon mustard, and pickles. I also enjoy them as a hot side dish, next to a mixed salad or some rice. Eggplant patties can be prepared ahead of time, which makes them ideal for taking on the boat. They can be breaded and frozen for use later.

The original recipe calls for plain bread crumbs, but I like to use Panko bread crumbs because they give the eggplant a nice crunch. Keep in mind that the trick to any good eggplant recipe is to draw out the bitter water in the pulp. See below how it's done.

**Ingredients:**

- 3 medium eggplant
- 4 eggs
- 3 cups Panko crumbs
- Parsley, salt and pepper to taste
- Olive oil and garlic for sautéing
- Olive oil in a sprayer



Wash and remove the skin off the eggplant with a potato peeler. Slice eggplant into 1" medallions. Line the inside of a colander with the medallions and very lightly sprinkle salt over each piece. Place a pot over the medallion slices and weigh them down with a tomato can (or two). Let the eggplant sit like this for approximately twenty minutes.



Remove medallions from colander and pat dry to remove any excess water.



Cut medallions into small pieces and sauté in a pan with a little olive oil and garlic. Add salt and pepper to taste. Cook until pulp is tender.

Once the eggplant is cooled, add two eggs, two cups of Panko crumbs and parsley to taste. Mix until all ingredients are well blended.

In a bowl, beat two eggs. In another bowl, place one cup of Panko bread crumbs. Form a ball of eggplant pulp in your hands and flatten into a patty.

Dip the patty into the egg and then into the Panko crumbs so that all sides and edges are covered.

Preheat oven to 325 degrees. Lightly spray the bottom of an oven pan. Lay the eggplant patties into the pan and spray a light coat over them as well. Cook until patties are golden brown.

Suggestions: if an oven is not available, you can just as well pan fry the patties.

Also, you can use 1/4 cup of Parmesan cheese in the eggplant mixture but remember to compensate for the salty cheese.



### ***From our Fleet Chaplain-----***

It's hard not to celebrate spring, flowers, colors, warmth. Here are some ways to celebrate:

Open every window and breathe in fresh air, with a grateful heart. Go for a walk and pay attention to the scents and colors around you, with a thankful heart. Pick a bouquet. Give it to someone who can't get out and spread joy and goodness. Stand under a dogwood, magnolia or fruit tree when the petals are falling and feel blessings flow over you. At your desk, close your eyes for a moment and relish any one of the above in your imagination.

## Match.calm

As we all know finding the perfect match is not easy. Last summer many of our most eligible women didn't participate in the Broadside Invitational Race because they could not find a boat that needed them. Conversely, there were a number of boats left at the dock for want of Fair Maidens to crew.

At match.calm we want no inactive "sail-hers" or idle boats. We will be happy to help you find the perfect crew or captain. Please contact the SBCC matchmaker (also the Broadside Race Committee) Mark Romaine at [mark.romaine@yahoo.com](mailto:mark.romaine@yahoo.com) and he will help you find that special "Broad". We know, we were his first match.

Lovingly, Della & Carolyn on Lettuce Buy

The race is scheduled for 6/21/14, first gun at 12:00. Contact RC at the above email with any questions, or call (631)-334-8933 if your boat needs a PHRF rating PDQ.



**From the Ship's Store ----**  
Kid's Tees \$10 while they last! Great gift for your kids and grandchildren *they are our future members.* This is also advertising, people will ask "What is SBCC?"

Contact Helen our Storekeeper at [cyberpoosh@aol.com](mailto:cyberpoosh@aol.com)

## **Flag Etiquette---Did You Know?**

Reprinted from the SBCC Masthead - "From the Helm", May, 1999

Shortly the early birds in the SBCC will be relaxing under sail while the rest of us frantically try to get our yachts ready and launched. Once under sail, however, I hope everyone will pay attention to an issue that has raised some eyebrows regarding the flying of club burgees. The following excerpt comes directly from our By- Laws concerning Nautical Etiquette & Flags:

### Chapter XIII - SECTION 1.

Nautical customs and traditions shall be observed at all times, particularly while cruising.

a. Flag officers shall fly the appropriate signal on their own yachts unless cruising with another club.

b. All members may fly the Club burgee unless participating in a cruise or regatta sponsored by another organization to which they belong.

c. Other authorized flags and pennants may be flown when appropriate.

d. The Club burgee may be flown continuously while a vessel is in commission.

Comments have been passed that some SBCC members have been flying two club burgees on their yachts. I would like to point out that such practice is considered highly improper in the yachting world. Only ONE club burgee should be flown on a yacht at any time. If you are a member of two yacht clubs, as many of our members are, you should fly the SBCC burgee when attending or sailing with our club, and fly your other club's burgee when participating in their activities.

If you don't agree with this, please do us all a favor and take the SBCC burgee down. We would rather not have our burgee flown in such an inappropriate manner since it advertises to all one's unfamiliarity of nautical flag etiquette.

## **USPS Flag Etiquette---Yacht Club Burgee**

Generally triangular in shape, although sometimes swallow-tailed, the yacht club burgee contains a unique design symbolic of the organization represented. If your boat is a mastless or single-masted yacht, fly your burgee from the bow staff. Boats without a bow staff should wear a burgee at the truck of a single-master yacht. On the other hand, if the truck is occupied with instruments or other conflicting gear, a pigstick can be affixed to a halyard so as to carry a flag above the truck. Alternatively, the burgee may be worn at a spreader halyard. If your boat has two or more masts, fly your burgee at the truck of the forward mast. Do not display more than one burgee at a time. The burgee your boat wears should be that of the group in whose activity you are participating, or whose harbor you are entering, if you are a member of that group. Otherwise, fly the burgee of your home organization. Each yacht club usually has rules that determine when their burgee should be flown.

## **Spring to Atlantique Rendezvous and Regatta**

*Harry Manko and Mark Romaine*

For those of you who could not make the Regatta and Rendezvous; allow us to share our perspectives as Race Committee and Rendezvous host for this event. The weather could not have been better, and even those who toiled away in boatyards to get their vessels ready for the Memorial Day weekend will attest to this fact. Low cloud cover dissipated quickly under the influence of the light northerly breeze.

Nine boats showed up in time to start, and by the time the last one, Full Circle, raised her anchor and sails, the breeze backed and strengthened such that the entire fleet was treated with 15 knots of westerly bliss. Tapatin quickly worked her way through the fleet to finish first, followed by Pandemonium in second. Tangled up in Blue from Wet Pants took third.

Having nine boats ready to race and more than a dozen at Atlantique for the festivities so early in the year is a great result in our opinion. Originally we had more than twenty signed up for this event, but the to-do lists got the best of those who missed the start. DJ and Joe Greco were at the finish line taking down the times and snapping photos. The first three finishers, the cup winners, got a cowbell instead of a gun.

It was great to see new members on the race course as well. George and Barbara Lanzarotta raced Bennington II and Mimi Benach skippered Wanderlust. Karen Quigley crewed for Mark Romaine. Unfortunately, engine trouble and light winds resulted in a long sail and a missed start for Lettuce Buy. But who could complain about a long sail on such a beautiful day!

Ed Pshedesky, our Commodore and Rear Roger Daisley, both participated in the race. Our Vice, Dave Tedesco came later to sample some vices. Hopefully, now that Dave's sails are on, they'll all be able to participate in the fall race to Atlantique.

Fortunately, a really tasty Stirling Punch was on hand for all participants whether it was needed for a celebratory toast or to salve any disappointment. The trophy winners happily filled their prize cups with this concoction, one which owes its roots to Oakdale native and successful three-time America's Cup Defender, Harold Stirling Vanderbilt. In this case the trophy was both fitting and functional. The unique quality of Stirling punch is that enough feels just right, while too much feels something like having an opponent in a race sneakily roll tack you when you're not looking. After the second batch was gone, we still finished off what was left of the wine aboard Full Circle while being serenaded on guitar by Roger, DJ, Mark, and Harry.



Thanks to all for helping to make this event a success!

From left to Right: RC Harry Manko, John Breuer of Wet Pants (3<sup>rd</sup> Place), Andrew Hemingway (1<sup>st</sup> Place), Gary Sebounhian (2<sup>nd</sup> Place), and Commodore Ed Pshedesky.

**Spring to Atlantique Rendezvous and Regatta (cont.)**



A Drone shot of the basin finds the Club burgee flying from a pig-stick atop *Full Circle's* mast.

New members, George and Barbara Lanzarotta prepare to start their first race.



Seeing *Curlew* at the start harkens back to the early days when cat boats flying the SBCC burgee filled the horizon.



Former Wet Pants commodore John Breuer smiling before the start. He commented later at the rendezvous, "...this is what racing should be about."

**Spring to Atlantique Rendezvous and Regatta (cont.)**

Ed Pshedesky working *Silent P* to gain an inside-overlap on Roger Daisley's *Blue Horizon*.



Joe and DJ Greco (pictured), as well as Timmi O'Brien recorded the finishers from the northeast corner of the Atlantique marina.

Place	Sail #	Yacht	Club
1	924	Tapatin	SBCC
2	2224	Pandemonium	SBCC
3	11	Tangle Up in Blue	Wet Pants
4	22222	Blue Horizon	SBCC
5	340	Silent P	SBCC
6	51841	Full Circle	SBCC
7	258	Curlew	SBCC
8	2451	Bennington II	SBCC
9	122	Wanderlust	SBCC
DNS	57	Lettuce Buy	SBCC

### Cruise News

Ed Pshedesky, our Commodore, and Della Bucher will be leading the two-week coastal cruise this year departing on July 12<sup>th</sup> returning July 26<sup>th</sup>. See the itinerary below. Some boaters with small drafts may want to avoid Fire Island Inlet by taking the inside route to and from Cormorant Point. Cruise with the pros and be prepared to party.

DAY	LEAVE	ARRIVE	DISTANCE (nm)
SATURDAY	FI INLET	CORMORANT POINT	45
SUNDAY	CORMORANT POINT	BLOCK ISLAND	52
MONDAY	LAY DAY	↓	
TUESDAY	BLOCK ISLAND	CUTTYHUNK ISLAND	38
WEDNESDAY	CUTTYHUNK ISLAND	OSTERVILLE	32
THURSDAY	LAY DAY	↓	
FRIDAY	OSTERVILLE	CHATHAM	22
SATURDAY	LAY DAY	↓	
SUNDAY	LAY DAY	↓	
MONDAY	CHATHAM	FALMOUTH	32
TUESDAY	LAY DAY	↓	
WEDNESDAY	FALMOUTH	BLOCK ISLAND	54
THURSDAY	LAY DAY	↓	
FRIDAY	BLOCK ISLAND	CORMORANT POINT	52
SATURDAY	CORMORANT POINT	FI INLET/RIVER/HOME	45
SUNDAY	CONTINGENCY		

Please contact Ed or Della if you have any questions.



**From the Ship's Store ----**  
Kid's Tees \$10 while they last! Great gift for your kids and grandchildren *they are our future members.* This is also advertising, people will ask "What is SBCC?"

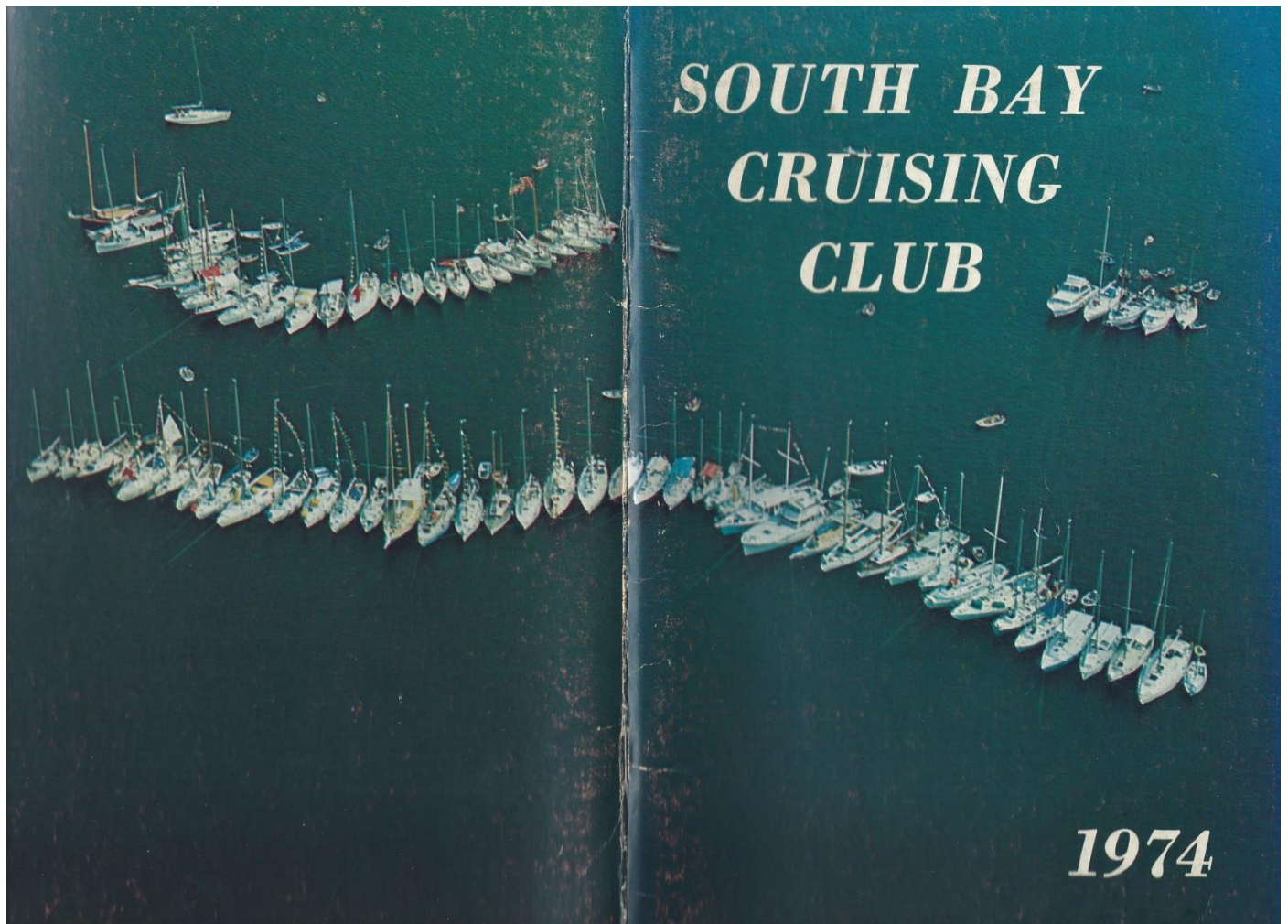
Contact Helen our Storekeeper at [cyberpoosh@aol.com](mailto:cyberpoosh@aol.com)

## A VIEW FROM ASTERN in the 2014 YEARBOOK

If you did not pick up your yearbook at the Spring Party or Commissioning Day, it will be mailed to you in the next few weeks. And whether you've received your yearbook yet or not, don't miss the section called "Looking Astern," inspired by our historian Tom Gotard and edited by our Yearbook committee members Dennis and Adrian Krug. We spent several committee meetings this past fall and winter poring over the archives, looking for inspiration and education. Perhaps the most amazing photo we saw was this one, which was on the cover of the 1971 yearbook. That's how many people used to attend a rendezvous, back in the day when the SBCC had over 400 members. Look for that photo on page 24 of the 2014 Yearbook.

If you have not received a yearbook by the end of June, or if you notice an error or have a suggestion, please contact me.

Peg Daisley, Chair  
Yearbook Committee  
[mdaisley@msn.com](mailto:mdaisley@msn.com)  
917-847-7445





# WELCOME

## New Members

### Frederick and Mara Liesegang

32 Belleview Ave., Brookhaven, N.Y. 11719

516-567-3567 & 516-817-8778

[fred4936@yahoo.com](mailto:fred4936@yahoo.com)

[MizzMara@ad.com](mailto:MizzMara@ad.com)

Fred and Mara sail "Eagle" a Tartan out of Brookhaven

### Lenny Feldman

217-12 Horace Harding Expwy. , Oakland Gardens, N.Y. 11364

516-850-7722 , Bus. 718-229-3788

[leonardfeldman@gmail.com](mailto:leonardfeldman@gmail.com)

Lenny sails "Fancy Nancy" an S2 7.3 out of Bayshore

### Jessica Rooney

6 Dewey St. Sayville, N.Y. 11782

631-335-0619

[jtrooney75@yahoo.com](mailto:jtrooney75@yahoo.com)

Jessica sails "One Love" a Tanzer out of Bayport

## Associate Members

### Todd and Pam McCarthy

216 Atlantic St., Central Islip, N.Y. 11722

631-277-0248 (H) 631-905-6715 & 631-905-6716

[pmccarthy58@verizon.net](mailto:pmccarthy58@verizon.net)

[tmc1955@verizon.net](mailto:tmc1955@verizon.net)

### Kathryn Seff

100 Oakwood Ave., Bayport, N.Y. 11705

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[sail-sno@yahoo.com](mailto:sail-sno@yahoo.com)

### Chester and Linda Punicki

1281 Smithtown Ave., Bohemia , N.Y. 11716

631-567-9698 (H) 631-484-7174 & 631-948-6658

[chetlin13@optimum.net](mailto:chetlin13@optimum.net)

[lpunicki@ccsolli.org](mailto:lpunicki@ccsolli.org)



Saturday morning, I was picked up by my friend Jeff Mattera and he drove us to Bob Forman's home. There we met Richard Tesoro and Bob drove us to Stonington, Connecticut to pick up his boat *Jacquelyn IV* and sail her to Bob's home in Bay Shore. It's just another year of getting ready for the season, Bob Forman style.

We unloaded the car and loaded the boat, had a great lunch and were on our way from Stonington to Bay Shore by 1400. There was a storm coming toward us from the west, but we made it around Montauk Point before it hit us, and by then it was just a few sprinkles.

A little later, we noticed something was up with our 4 AGM batteries, but it seemed that we would be able to make it home. I went below and took a nap while Jeff and Richard were on watch. As dusk approached, Bob cooked Chicken Cordon Bleu for dinner, with chocolate, chocolate chip cookies for dessert. If you ever wonder why I volunteer to crew on the boat with Bob now you have an idea why.

However, the batteries were causing us grief. The decision was made that we could make it home on the starter lead acid battery. But as we were about to pass Shinnecock, Jeff and Rich came off watch while I stayed at the helm and Bob investigated the battery problem. By this time, we had lost the auto pilot, it was getting cold, and we were finally getting hit with the long-expected rain. We had gone west of Shinnecock when first we considered sailing, but then decided it would be better to pull into Shinnecock and install the batteries the next day.

Adrienne Tesoro, Operations Manager and Albert Milan Store Manager at the West Islip West Marine were fantastic. Bob had already ordered the batteries, but they were still in the West Marine store in West Islip. Adrienne loaded the batteries into her big SUV and met us at Jackson Marine on Shinnecock Bay where they let us stay tied up at their gas dock.

We loaded the new batteries and unloaded the bad batteries, and while they were being hooked up, Adrienne drove me to a local store to get some food, as we had expected to be home by Sunday morning, and now knew it would be late Sunday evening before we got home. We took off and of course had the wind on our nose, at times as high as 25 knots, all the way home.

This meant that we would be entering the Fire Island Inlet after dark. With Richard on the chart plotter, Jeff on his pocket Garmin Chart Plotter, Bob at the helm and me attempting to see in the dark those Fire Island Inlet marks that weren't lit, weren't there, or were there but not on the charts. Bob gave me the helm once we were through the Robert Moses Bridge until we were ready to enter his canal. We tied up the boat, said good night to Bob and Jackie and got home a little after 2300.

The boating was great, the good-natured teasing of friends and fellow sailors was great, the food was great, and the confidence and trust we all had for one another was also great. It was also noteworthy how the West Marine store manager, Albert Milan, and operations manager Adrienne would go the extra mile to help out their customers that were caught in an unusual situation, and how accommodating the people at Jackson Marine were again to sailors that had issues en route. ----*Robert Forman*

## **Anchor Locker**

***Does anyone have anything nautical for sale contact me June Tedesco at [capt1@optonline.net](mailto:capt1@optonline.net)? Send me your short Ad along with contact information for the next Masthead.***

### **Anchor for Sale**

40 lb Danforth Anchor with 6 foot chain and 100 ft of line spliced-on

Price \$120.00

Please call Marilyn Brous at 631-264-3861

### **Boat for Sale**

“Our Time” features the cutter rigged moderate draft full keel gives the IP27 capability for blue water passages as well as exploring shallow coastal waters. Her sail inventory is a mainsail, staysail and a 130 roller furling genoa – all in good condition. Canvas includes a mainsail cover, dodger and binnacle cover. Electronics include a Garmin GPSmap 545 plotter, Raymarine Autohelm 4000 autopilot with remote, Standard Horizon Eclipse DSC VHF and a CombiSound AM/FM/Cassette player. Her auxiliary power is a 16-HP FWC Yanmar 2GM20F diesel with 670 hours. Although she is a cutter rig presently her staysail is not rigged but is fully intact and included. -----Contact Tim Chambers 631-893-3416

### **Slip For Rent-----**

**75 feet of Broadside Docking, Water and Electric-**

**Secure Neighborhood -West Islip \$65.00 per foot through October for Boat 30ft Plus**

**Contact Bob Martorana 631-422-3404**

# SBCC LINKS

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